

麗晶苑

REGENT GARDEN

Restaurant Menu



WE BELIEVE THAT EVERY MEAL SHOULD BE A FEAST
CREATED WITH THE FINEST INGREDIENTS, PRESENTED
WITH EQUAL FINESSE. CHOOSE ANY DISHES FROM OUR
MENU OR ALLOW US TO PREPARE A FEAST FOR YOU.



REGENT GARDEN

Special Pick & Mix Menu

£29.50 *per person*

Minimum of 2 people

Why choose between favourites when you can have them all? Design your own perfect three-course dinner by mixing and matching the dishes you love most. Think of it as a personalized tasting menu, at an exceptional price making every bite even sweeter.



Set Menu A

£22.50 Per Person (Minimum for 2)

Chicken Satay Skewers

Peking Style Spare Ribs

Crispy Seaweed

Crispy Aromatic Duck

Sizzling Chicken in Black Bean Sauce

Sweet & Sour Pork Hong Kong Style

Stir Fried Mixed Vegetable

Egg Fried Rice

Extra dish for 4 or more people:

Crispy Shredded Beef in Chilli Sauce

Lychees or Vanilla Ice Cream

Set Menu B

£32.50 Per Person (Minimum for 2)

Seafood Treasure Hors D'oeuvres

Crispy Seaweed, Skewered Satay Prawns, Sesame Prawns Toast, Scallops in Breadcrumbs and Salt & Pepper Squid

Crispy Aromatic Duck

Sizzling Fillet Steak Cantonese Style

Steamed Fillet of Sea Bass with Ginger & Spring Onions

Chinese Pak Choy in Garlic Sauce

Lotus Leaf Special Fried Rice

Extra dish for 4 or more people:

Sizzling Mixed Seafood in Black Bean Sauce

Lychees or Vanilla Ice Cream

FOOD ALLERGY?

Before placing your order please inform a member of staff if a person in your party has a food allergy or special dietary requirements.

Management advised that food prepared here may contain these ingredients: Egg, Wheat, Soybean, Nuts, Celery, Sesame, Mustard, Fish & Shellfish.

APPERTISERS



Special Mixed Hors D'oeuvres



Salt & Pepper Chicken Wings



Butterfly Prawns



Grilled Peking Dumplings



Siu Mai



Har Kau

Seafood Treasure Hors D'oeuvres (for 2 person)	£21.80
<i>Crispy Seaweed, Skewered Satay Prawns, Prawns on Toast, Scallops in Breadcrumbs & Salt & Pepper Squid</i>	
Special Mixed Hors D'oeuvres (for 2 person)	£17.80
<i>Crispy Seaweed, Peking Ribs, Chicken Spring Rolls, Prawns on Toast & Shredded Smoked Chicken</i>	
Barbecued Spare Ribs	£8.60
Honey Roasted Spare Ribs	£8.60
Peking Style Spare Ribs	£8.60
Spicy Salt & Pepper Spare Ribs	£8.60
Chicken Royale	£9.00
<i>Shredded Smoked Corn Chicken</i>	
Spicy Salt & Pepper Chicken Wings	£8.00
Chicken in Breadcrumbs	£8.00
Skewered Satay Chicken	£8.60
Skewered Satay Prawns	£9.50
Sesame Prawns on Toast	£8.60
Butterfly Prawns in Breadcrumbs	£9.50
Spicy Salt & Pepper Prawns	£9.50
Spicy Salt & Pepper Squid	£9.50
Spicy Salt & Pepper Soft Shell Crab	£10.20
Crispy Won Ton	£7.50
<i>Stuffed with minced prawn and served with sweet & sour sauce</i>	
Crispy Chicken Spring Rolls	£5.50
Grilled Peking Dumplings	£8.00
<i>Stuffed with minced pork and served with ginger in red wine vinegar</i>	
Steamed King Prawn Dumplings 'Har Kau'	£7.50
Steamed Pork and Prawn Dumplings 'Siu Mai'	£7.00
Spicy Prawn Crackers	£3.80
Chips	£3.30
Sauces - Sweet & Sour / Curry / Satay	£2.50

SIZZLING DISHES

Sizzling Mixed Seafood in Black Bean Sauce 	£12.00
<i>Fresh Scallops, Prawns and Squid</i>	
Sizzling Scallops with Ginger & Spring Onions	£12.00
Sizzling Prawns in Dragon Sauce 	£11.80
<i>Sweet Hot Garlic Sauce</i>	
Sizzling Prawns with Ginger & Spring Onions	£11.50
Sizzling Prawns in Oyster Sauce	£11.50
Sizzling Fillet Steak Peking Style	£6.80
Sizzling Fillet Steak Cantonese Style	£15.50
Sizzling Fillet Steak in Black Pepper Sauce 	£15.50
Sizzling Beef in Black Bean Sauce 	£10.00
Sizzling Beef with Ginger & Spring Onions	£10.00
Sizzling Chicken in Black Bean Sauce 	£9.80
Sizzling Chicken with Ginger & Spring Onions	£9.80

SEAFOOD DISHES

Ocean's Delight	£11.30
<i>Fresh Scallops cooked with Asparagus and Baby Sweet Corn</i>	
Fresh Scallops in Black Bean Sauce 	£10.80
Grilled Fillet of Fish Peking Style 	£10.30
<i>Fillet of Fish Coated with Egg in a Light Citrus Sauce</i>	
Sweet & Sour Fish Hong Kong Style	£10.30
Steam Fillet of Sea Bass with Ginger & Spring Onion	£18.00
Spicy Salt & Pepper Fillet of Sea Bass 	£18.00
Squid with Green Pepper in Black Bean Sauce 	£9.50
Squid with Ginger & Spring Onions	£9.50
Spicy Szechuan Style Squid 	£9.50
Kung Po Prawns with Water Chestnuts 	£10.00
Grilled Prawns Peking Style 	£10.00
Prawns with Cashew Nuts	£10.00
Prawns with Cashew Nuts in Yellow Bean Sauce 	£10.00
Spicy Szechuan Style Prawns 	£9.60
Prawns with Mixed Vegetable	£9.60
Prawns with Mushroom	£9.60
Prawns with Chinese Mushroom & Bamboo Shoot	£9.60
Sweet & Sour Prawns Hong Kong Style	£9.60
Sweet & Sour Prawn Balls	£9.60



Sizzling Prawns with Ginger & Spring Onions



Sizzling Fillet Steak Peking Style



Ocean's Delight



Steamed Fillet of Sea Bass with Ginger & Spring Onions

VEGETARIAN STARTERS

Vegetarian Mixed Hors D'oeurves	£15.90
<i>Crispy Seaweed, Curry Puffs, Spring Rolls, Salt & Pepper Bean Curd, Vegetarian Skewer Satay</i>	
Crispy Seaweed	£6.00
Vegetarian Skewer Satay	£7.30
Crispy Vegetarian Spring Rolls	£5.30
Crispy Vegetarian Won Ton	£7.30
Spicy Salt & Pepper Bean Curd	£8.00
Spicy Salt & Pepper Mushrooms	£8.00
Tempura Asparagus	£8.50
Grilled Vegetarian Dumplings	£7.30



SOUPS

Hot & Sour Soup	£5.30
Won Ton Soup	£5.30
Spicy Thai Prawn Soup	£5.50
Spicy Thai Chicken Soup	£5.30
Spicy Thai Vegetables Soup	£5.00
Crab Meat Sweetcorn Soup	£5.30
Chicken Sweetcorn Soup	£5.00
Chicken & Mushroom Soup	£5.00
Mixed Vegetables Soup	£4.50

FAVOURITE IN BETWEEN

Crispy Aromatic duck
Served with pancakes, spring onions, cucumber and hoi sin sauce

1/4	6 pancakes	£12.50
1/2	12 pancakes	£24.00
Whole	24 pancakes	£48.00



Seafood Lettuce wrap	£12.50
Mixed Meat Lettuce wrap	£11.50
Vegetarian Lettuce wrap	£10.50



CHICKEN DISHES

Crispy Shredded Chicken in Chilli Sauce	£8.80
Kung Po Chicken with Water Chestnuts	£8.80
Grilled Chicken Peking Style	£8.80
Chicken with Cashew Nuts	£8.80
Chicken with Cashew Nuts in Yellow Bean Sauce	£8.80
Chicken in Oyster Sauce	£8.50
Spicy Szechuan Style Chicken	£8.50
Chicken with Asparagus and Baby Sweet Corn	£8.80
Chicken with Mushrooms	£8.50
Stir Fried Chicken in Satay Sauce	£8.50
Chicken in Lemon Sauce	£8.80
Sweet & Sour Chicken Hong Kong Style	£8.50
Sweet & Sour Chicken Balls	£8.50



Chicken in Lemon Sauce



Chicken in Black Bean Sauce



Roasted Duck Cantonese Style

ROASTED DUCK DISHES

Roasted Duck Cantonese Style	£10.00
Roasted Duck with Green Peppers in Black Bean Sauce	£10.00
Roasted Duck with Ginger and Spring Onions	£10.00
Roasted Duck with Chinese Mushrooms and Bamboo Shoots	£10.00
Roasted Duck with Mushrooms	£10.00
Roasted Duck with Mixed Vegetable	£10.00
Roasted Duck in Sweet Chilli Sauce	£10.00
Roasted Duck in Plum Sauce	£10.00

BEEF DISHES

Crispy Shredded Beef in Chilli Sauce	🌶	£9.30
Beef with Green Peppers in Black Bean Sauce	🌶	£8.90
Beef with Ginger and Spring Onions		£8.90
Beef in Oyster Sauce		£8.90
Spicy Szechuan Style Beef	🌶	£8.90
Beef with Mushrooms		£8.90
Beef with Chinese Mushrooms and Bamboo Shoots		£8.90
Stir Fried Beef in Satay Sauce		£8.90

PORK DISHES

Sweet & Sour Pork Hong Kong Style		£8.60
Sweet & Sour Pork Balls		£8.60
Kung Po Pork with Water Chestnuts	🌶	£8.60
Roast Pork Cantonese Style		£8.60
Roast Pork with Green Peppers in Black Bean Sauce	🌶	£8.60
Roast Pork with Ginger and Spring Onions		£8.60
Szechuan Double Cooked Pork with Chinese Cabbage	🌶	£8.60
Spicy Salt & Pepper Fillet of Pork Chops	🌶	£10.50

CURRY DISHES

Mixed Seafood Curry	(Scallops, Squids & Prawns)	£10.50
King Prawn Curry		£9.50
Chicken Curry		£8.50
Beef Curry		£8.90
Roast Pork Curry		£8.60
Assorted Meat Curry	(Chicken, Beef & Roast Pork)	£8.90
Assorted Vegetables Curry	🌿	£7.50



Beef with Ginger & Spring Onion



Chicken Curry



Spicy Salt & Pepper Pork Chops

VEGETABLE DISHES

Chinese Pak Choy in Oyster Sauce Or Garlic Sauce	£8.50
Braised Bamboo Shoots and Chinese Mushrooms	£7.00
Fresh Bean Sprouts in Garlic Sauce	£6.30
Assorted Vegetables in Garlic Sauce	£7.00
Assorted Vegetables in Black Bean Sauce (🌶)	£7.30
Sweet & Sour Assorted Vegetables	£7.30
Spicy Salt & Pepper Aubergine with Chilli (🌶)	£7.30
Sea Spiced Aubergine (🌶)	£7.80
Aubergine in Black Bean Sauce (🌶)	£7.30
Mange Tout and Bean Sprouts	£7.30
Mushrooms with Onions in Oyster Sauce	£7.30
Broccoli in Oyster Sauce Or Garlic Sauce	£7.30



Assorted Vegetables in Garlic Sauce



Sea Spice Aubergine



Stir Fried Broccoli in Garlic Sauce

BEAN CURD DISHES

Bean Curd with Cashew Nuts in Yellow Bean and Chilli Sauce (🌶)	£8.00
Ma Po Tofu (🌶)	£8.00
Bean Curd cubes with minced meat, vegetables and chilli Sauce	£8.00
Braised Bean Curd with Chinese Mushrooms and Bamboo Shoots (🌶)	£8.00
Grilled Bean Curd Peking Style (🌶)	£8.00
Bean Curd in Black Bean Sauce (🌶)	£8.00



Grilled Bean Curd Peking Style



Ma Po Tofu



RICE DISHES

Plain Boiled Rice	£4.20
Egg Fried Rice	£5.00
Special Fried Rice	£7.00
Chicken Fried Rice	£6.30
Roast Pork Fried Rice	£6.50
Beef Fried Rice	£6.80
King Prawn Fried Rice	£9.00
Singapore Fried Rice	£7.30
Chopped Vegetable Fried Rice	£6.00
Mushroom Fried Rice	£6.00



Egg Fried Rice / Plain Boiled Rice topped with:

- Mixed Meat £10.50
- Mixed Seafood £12.00
- Mixed Vegetables £9.00
- Chicken in Black Bean Sauce £10.00
- Beef in Black Bean Sauce £10.30
- King Prawns in Black Bean Sauce £11.00
- Cantonese Roast Duck £12.00

NOODLE DISHES

Plain Noodles with Bean Sprouts and Onions	£6.20
Special Soft Noodles	£8.30
Chicken Soft Noodles	£7.30
Beef Soft Noodles	£7.80
Beef Fried Ho Fun	£8.80
Roast Pork Soft Noodles	£7.60
King Prawn Soft Noodles	£9.20
Roast Duck Soft Noodles	£9.50
Mixed Vegetable Soft Noodles	£6.80
Singapore Fried Noodles	£8.80
Vegetarian Singapore Noodles	£7.80

Crispy Noodle / Ho Fun Noodles / Udon Noodles topped with:

• Mixed Meat	£10.50
• Mixed Seafood	£12.00
• Mixed Vegetables	£9.00
• Chicken in Black Bean Sauce	£10.00
• Beef in Black Bean Sauce	£10.30
• King Prawns in Black Bean Sauce	£11.00

