

APPERTISERS

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| 1. | Regent Garden Special Mixed Hors D'oeuvres (for 2 persons)
<i>Crispy Seaweed, Peking Ribs, Chicken Spring Rolls, Prawns on Toast & Shredded Smoked Chicken</i> 🌶️ | £13.80 |
| 2. | Honey Roasted Spare Ribs | £6.80 |
| 3. | Peking Style Spare Ribs <i>(Tangy Fruity Flavoured Sauce)</i> | £6.80 |
| 4. | Barbecued Spare Ribs <i>(Savory Gravy Sauce)</i> | £6.80 |
| 5. | Spicy Salt & Pepper Spare Ribs 🌶️ | £6.80 |
| 6. | Sweet & Sour Spare Ribs Hong Kong Style | £6.80 |
| 7. | Chicken Royale 🌶️ <i>(Shredded Smoked Chicken)</i> | £7.20 |
| 8. | Spicy Salt & Pepper Chicken Wings 🌶️ | £6.60 |
| 9. | Chicken in Breadcrumbs | £6.60 |
| 10. | Skewered Satay Chicken | £6.80 |
| 11. | Skewered Satay Prawns | £7.80 |
| 12. | Grilled Peking Dumplings
<i>Served with Ginger in Red Wine Vinegar</i> | £6.60 |
| 13. | Sesame Prawns on Toast | £6.60 |
| 14. | Deep Fried Won Ton
<i>Stuffed with Minced Prawn and Served with Sweet & Sour Sauce</i> | £6.60 |
| 15. | Spicy Salt & Pepper Prawns 🌶️ | £7.80 |
| 16. | Butterfly Prawns in Breadcrumbs | £7.80 |
| 17. | Spicy Salt & Pepper Soft-Shell Crab 🌶️ | £7.80 |
| 18. | Spicy Salt & Pepper Squid 🌶️ | £7.80 |
| 19. | Crispy Seaweed | £5.00 |
| 20. | Crispy Chicken Spring Rolls | £4.40 |
| 21. | Steamed King Prawn Dumplings 'Har Kau' | £5.80 |
| 22. | Steamed King Prawn & Pork Dumplings 'Siu Mai' | £5.00 |
| 23. | Spicy Prawn Crackers 🌶️ | £2.80 |
| 24. | Chips 🌿 | £2.80 |
| 25. | Sauces – Sweet & Sour, Curry OR Satay 🌿 | £2.00 |

VEGETARIAN STARTERS 🌿

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| 26. | Vegetarian Mixed Hors D'oeuvres 🌶️ (for 2 persons)
<i>Crispy Seaweed, Curry Puffs, Vegetarian Spring Rolls, Spicy Salt and Pepper Bean Curd and Vegetarian Skewered Satay</i> | £11.80 |
| 27. | Vegetarian Skewered Satay | £6.00 |
| 28. | Crispy Vegetarian Spring Rolls | £4.00 |
| 29. | Crispy Vegetarian Won Ton with Sweet & Sour Sauce | £6.00 |
| 30. | Tempura Fresh Asparagus with Sweet & Sour Sauce | £6.80 |

🌶️ Contains Chillies

🌿 Suitable For Vegetarians

SOUPS

31. Hot & Sour Soup 🌶	£3.80
32. Won Ton Soup	£3.80
33. Spicy Thai Style Mixed Seafood Soup 🌶	£3.80
34. Spicy Thai Style Chicken Soup 🌶 -	£3.80
35. Spicy Thai Style Mixed Vegetables Soup 🌶 🥬	£3.60
36. Crab Meat Sweetcorn Soup	£3.80
37. Chicken Sweetcorn Soup	£3.60
38. Chicken and Mushroom Soup	£3.60
39. Mixed Vegetables Soup 🥬	£3.60

FAVOURITE IN BETWEEN

40. Crispy Aromatic Duck <i>Selected Duck Marinated in a Blend of Spices, Served with Pancakes, Spring Onions, Cucumber and Hoi-Sin Sauce</i>		
Quarter	(6 pancakes)	£10.00
Half	(12 pancakes)	£19.00
Whole	(24 pancakes)	£37.00
41. Crispy Mongolian Lamb <i>Served with Crispy Lettuce and Hoi-Sin Sauce</i>		£10.00
42. Regent Garden's Lettuce Wrap <i>Minced Meat with Chopped Vegetables, Served with Crispy Lettuce and Hoi-Sin Sauce</i>		£8.00

SIZZLING DISHES

43. Sizzling Mixed Seafood in Satay Sauce	£9.60
44. Sizzling Mixed Seafood in Black Bean Sauce 🌶	£9.60
45. Sizzling Fresh Scallops with Ginger and Spring Onions	£9.60
46. Sizzling Prawns in Dragon Sauce 🌶 <i>(Sweet Hot Garlic Sauce)</i>	£8.80
47. Sizzling Prawns with Ginger and Spring Onions	£8.80
48. Sizzling Prawns in Oyster Sauce	£8.80
49. Sizzling Fillet Steak Peking Style	£11.80
50. Sizzling Fillet Steak Cantonese Style	£11.80
51. Sizzling Fillet Steak in Black Pepper Sauce 🌶	£11.80
52. Sizzling Beef in Black Bean Sauce 🌶	£8.00
53. Sizzling Beef with Ginger and Spring Onions	£8.00
54. Sizzling Chicken in Black Bean Sauce 🌶	£7.60
55. Sizzling Chicken with Ginger and Spring Onions	£7.60

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SEAFOOD DISHES

56. Ocean's Delight <i>Fresh Scallops Cooked with Asparagus and Baby Sweet Corn</i>	£8.50
57. Fresh Scallops with Green Peppers in Black Bean Sauce ☞	£8.50
58. Grilled Fillet of Fish Peking Style ☞ <i>Fillets of Fish Coated with Egg in a Light Citrus Sauce</i>	£8.20
59. Sweet & Sour Fish Hong Kong Style	£8.20
60. Steamed Fillet of Sea Bass with Ginger and Spring Onions	£14.80
61. Spicy Salt & Pepper Fillet of Sea Bass ☞	£14.80
62. Squid with Green Peppers in Black Bean Sauce ☞	£7.80
63. Squid with Ginger and Spring Onions	£7.80
64. Spicy Szechuan Style Squid ☞	£7.80
65. Kung Po Prawns with Water Chestnuts ☞	£7.80
66. Grilled Prawn Peking Style ☞ <i>Prawns Coated with Egg in a Light Citrus Sauce</i>	£7.80
67. Prawns with Cashew Nuts	£7.80
68. Prawns with Cashew Nuts in Yellow Bean Sauce ☞	£7.80
69. Spicy Szechuan Style Prawns ☞	£7.80
70. Prawns with Mixed Vegetables	£7.80
71. Prawns with Mushrooms	£7.80
72. Prawns with Chinese Mushrooms & Bamboo Shoots	£7.80
73. Sweet and Sour Prawns Hong Kong Style	£7.80
74. Sweet and Sour Prawn Balls	£7.80

CHICKEN DISHES

75. Crispy Shredded Chicken in Chilli Sauce ☞	£7.00
76. Kung Po Chicken with Water Chestnuts ☞	£6.60
77. Grilled Chicken Peking Style ☞ <i>Fillets of Chicken Coated with Egg in a Light Citrus Sauce</i>	£6.60
78. Chicken with Cashew Nuts	£6.60
79. Chicken with Cashew Nuts in Yellow Bean Sauce ☞	£6.60
80. Chicken in Oyster Sauce	£6.60
81. Spicy Szechuan Style Chicken ☞	£6.60
82. Chicken with Mixed Vegetables	£6.60
83. Chicken with Mushrooms	£6.60
84. Chicken with Chinese Mushrooms and Bamboo Shoots	£6.60
85. Stir fried Chicken in Satay Sauce	£6.60
86. Chicken in Lemon Sauce	£6.60
87. Sweet and Sour Chicken Hong Kong Style	£6.60
88. Sweet and Sour Chicken Balls	£6.60

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ROASTED DUCK DISHES

89. Roast Duck Cantonese Style	£8.00
90. Roast Duck with Green Peppers in Black Bean Sauce 🌶️	£8.00
91. Roast Duck with Ginger and Spring Onions	£8.00
92. Roast Duck with Chinese Mushrooms and Bamboo Shoots	£8.00
93. Roast Duck with Mushrooms	£8.00
94. Roast Duck with Mixed Vegetables	£8.00
95. Roast Duck in Sweet Chilli Sauce 🌶️	£8.00
96. Roast Duck in Plum Sauce	£8.00

BEEF DISHES

97. Crispy Shredded Beef in Chilli Sauce 🌶️	£7.40
98. Sliced Beef with Green Peppers in Black Bean Sauce 🌶️	£7.00
99. Sliced Beef with Ginger and Spring Onions	£7.00
100. Sliced Beef in Oyster Sauce	£7.00
101. Spicy Szechuan Style Beef 🌶️	£7.00
102. Sliced Beef with Mixed Vegetables	£7.00
103. Sliced Beef with Mushrooms	£7.00
104. Sliced Beef with Chinese Mushroom and Bamboo Shoots	£7.00
105. Sliced Beef in Satay Sauce	£7.00

PORK DISHES

106. Sweet & Sour Lean Pork Hong Kong Style	£6.80
107. Sweet & Sour Pork Balls	£6.80
108. Kung Po Pork with Water Chestnuts 🌶️	£6.80
109. Roast Pork Cantonese Style (<i>Char Siu</i>)	£6.80
110. Roast Pork with Ginger and Spring Onions	£6.80
111. Roast Pork with Mixed Vegetables	£6.80
112. Szechuan Double Cooked Pork with Chinese Cabbage 🌶️	£6.80
113. Spicy Salt & Pepper Fillet of Pork Chops 🌶️	£7.80

CURRY DISHES 🌶️

114. Mixed Seafood Curry (<i>Prawns, Scallops and Squid</i>)	£8.00
115. King Prawn Curry	£7.80
116. Chicken Curry	£6.60
117. Beef Curry	£7.00
118. Roast Pork Curry	£6.80
119. Assorted Meat Curry (<i>Chicken, Beef and Roast Pork</i>)	£7.00
120. Assorted Vegetables Curry	£5.80

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BEAN CURD DISHES

121. Bean Curd with Cashew Nuts in Yellow Bean Sauce 🌶️ 🌱	£6.60
122. Ma Po Tofu 🌶️ (<i>Bean Curd Cubes with Minced Meat and Chilli sauce</i>)	£6.60
123. Braised Bean Curd with Chinese Mushrooms and Bamboo Shoots 🌱	£6.60
124. Grilled Bean Curd Peking Style 🌶️ 🌱	£6.60
125. Spicy Salt & Pepper Bean Curd 🌶️ 🌱	£6.60

VEGETABLE DISHES 🌱

126. Chinese Pak Choy in Oyster Sauce OR Garlic Sauce	£6.60
127. Braised Bamboo Shoots and Chinese Mushrooms	£5.80
128. Fresh Bean Sprouts in Garlic Sauce	£5.00
129. Assorted Vegetables	£5.00
130. Spicy Salt & Pepper Aubergine 🌶️ (<i>Dry</i>)	£5.80
131. Sea Spiced Aubergine 🌶️	£5.80
132. Aubergine in Black Bean Sauce 🌶️	£5.80
133. Sweet & Sour Assorted Vegetables	£5.80
134. Mange Tout and Bean Sprouts	£5.80

NOODLE (CHOW MEIN) DISHES

135. Plain Noodles with Bean Sprouts and Onions 🌱	£4.80
136. Special Soft Noodle	£6.20
137. Chicken Soft Noodles	£5.80
138. Beef Soft Noodles	£6.00
139. King Prawn Soft Noodles	£7.80
140. Singapore Fried Noodles 🌶️	£6.20
141. Vegetarian Singapore Fried Noodles 🌶️ 🌱	£5.80

RICE DISHES











142. Plain Boiled Rice 🌱	£2.80
143. Egg Fried Rice 🌱	£3.80
144. Special Fried Rice	£5.60
145. Chicken Fried Rice	£5.00
146. Singapore Fried Rice 🌶️	£5.80
147. Chopped Vegetable Fried Rice 🌱	£5.00
148. Mushroom Fried Rice 🌱	£5.00

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SPECIAL MEAL

Crispy Noodle **OR** Ho Fun Noodles **OR** Udon Noodles:

 With Assorted Meat	£7.00
 With Mixed Seafood	£8.00
 With Mixed Vegetables 	£6.00
 With Chicken in Black Bean Sauce 	£6.60
 With Beef in Black Bean Sauce 	£7.00
 With King Prawn in Black Bean Sauce 	£7.80

Egg Fried Rice **OR** Plain Boiled Rice:

 With Assorted Meat	£7.00
 With Mixed Seafood	£8.00
 With Mixed Vegetables 	£6.00
 With Chicken in Black Bean Sauce 	£6.60
 With Beef in Black Bean Sauce 	£7.00
 With King Prawn in Black Bean Sauce 	£7.80