

麗晶苑

REGENT GARDEN

Restaurant Menu



WE BELIEVE THAT EVERY MEAL SHOULD BE A FEAST
CREATED WITH THE FINEST INGREDIENTS, PRESENTED
WITH EQUAL FINESSE. CHOOSE ANY DISHES FROM OUR
MENU OR ALLOW US TO PREPARE A FEAST FOR YOU.



CREDIT CRUNCH LUNCH

FOR ONLY £9.80 !

Dine In or Take Away
Available between 12 noon to 2pm

Choose a side dish plus a main course from the following choice :

SIDE DISH

- Crispy Seaweed 🌿
- Chicken Spring Rolls
- Vegetarian Spring Rolls 🌿
- Sesame Prawns on Toast
- Skewered Satay Chicken
- Barbecued Spare Ribs
- Honey Roasted Spare Ribs
- Peking Style Spare Ribs
- Salt & Pepper Spare Ribs 🌶️
- Salt & Pepper Mushroom 🌶️ 🌿
- Vegetarian Curry Puff 🌿
- Vegetarian Satay Skewers 🌿

MAIN COURSE

- Bean Curd with Chinese Mushroom 🌿
- Assorted Vegetable in Garlic Sauce 🌿
- King Prawn in Black Bean Sauce 🌶️
- Chicken in Black Bean Sauce 🌶️
- Beef in Black Bean Sauce 🌶️
- King Prawn Curry 🌶️
- Chicken Curry 🌶️
- Beef Curry 🌶️
- Sweet & Sour Prawn Hong Kong Style
- Sweet & Sour Chicken Hong Kong Style
- Sweet & Sour Pork Hong Kong Style
- Crispy Shredded Beef in Chilli Sauce 🌶️

All main course dishes are served with egg fried rice.

Also includes complimentary prawn crackers.

🌿 Suitable for vegetarian

🌶️ Contains chilli-maybe spicy hot



Set Menu A

£19.80 Per Person (Minimum for 2)

Chicken Royale 🍷

Peking Style Spare Ribs

Crispy Seaweed 🌿

~~~~~

Crispy Aromatic Duck

~~~~~

Sizzling Chicken in Black Bean Sauce 🍷

Sweet & Sour Pork Hong Kong Style

Stir Fried Mixed Vegetable 🌿

Egg Fried Rice 🌿

~~~~~

*Extra dish for 4 or more people:*

Crispy Shredded Beef in Chilli Sauce 🍷

~~~~~

Lychees or Vanilla Ice Cream

Set Menu B

£29.80 Per Person (Minimum for 2)

Seafood Treasure Hors D'oeuvres

*Crispy Seaweed, Skewered Satay Prawns,
Sesame Prawns Toast, Scallops in Breadcrumbs
and Salt & Pepper Squid 🍷*

~~~~~

Crispy Aromatic Duck

~~~~~

Sizzling Fillet Steak Cantonese Style

Steamed Fillet of Sea Bass with Ginger &

Spring Onions

Chinese Pak Choy in Garlic Sauce 🌿

Lotus Leaf Special Fried Rice

~~~~~

*Extra dish for 4 or more people:*

Sizzling Mixed Seafood in Black Bean Sauce 🍷

~~~~~

Lychees or Vanilla Ice Cream

FOOD ALLERGY?

Before placing your order please inform a member of staff if a person in your party has a food allergy or special dietary requirements.

Management advised that food prepared here may contain these ingredients: Egg, Wheat, Soybean, Nuts, Celery, Sesame, Mustard, Fish & Shellfish.



Special Mixed Hors D'oeuvres



Salt & Pepper Chicken Wings



Butterfly Prawns



Grilled Peking Dumplings



Siu Mai






Har Kau

APPERTISERS





Seafood Treasure Hors D'oeuvres (for 2 person) <i>Crispy Seaweed, Skewered Satay Prawns, Prawns on Toast, Scallops in Breadcrumbs & Salt & Pepper Squid</i> 🌶️	£18.80
Special Mixed Hors D'oeuvres (for 2 person) <i>Crispy Seaweed, Peking Ribs, Chicken Spring Rolls, Prawns on Toast & Shredded Smoked Chicken</i> 🌶️	£15.80
Barbecued Spare Ribs	£8.00
Honey Roasted Spare Ribs	£8.00
Peking Style Spare Ribs	£8.00
Spicy Salt & Pepper Spare Ribs 🌶️	£8.00
Chicken Royale 🌶️ <i>Shredded Smoked Corn Chicken</i>	£8.50
Spicy Salt & Pepper Chicken Wings 🌶️	£7.50
Chicken in Breadcrumbs	£7.50
Skewered Satay Chicken	£8.00
Skewered Satay Prawns	£9.00
Sesame Prawns on Toast	£8.00
Butterfly Prawns in Breadcrumbs	£9.00
Spicy Salt & Pepper Prawns 🌶️	£9.00
Spicy Salt & Pepper Squid 🌶️	£9.00
Spicy Salt & Pepper Soft Shell Crab 🌶️	£9.50
Crispy Won Ton <i>Stuffed with minced prawn and served with sweet & sour sauce</i>	£7.20
Crispy Chicken Spring Rolls	£5.00
Grilled Peking Dumplings <i>Stuffed with minced pork and served with ginger in red wine vinegar</i>	£7.50
Steamed King Prawn Dumplings 'Har Kau'	£6.80
Steamed Pork and Prawn Dumplings 'Siu Mai'	£6.00
Spicy Prawn Crackers 🌶️	£3.50
Chips	£3.00
Sauces - Sweet & Sour / Curry / Satay	£2.50

VEGETARIAN STARTERS

Vegetarian Mixed Hors D'oeuvres 	£13.80
<i>Crispy Seaweed, Curry Puffs, Spring Rolls, Salt & Pepper Bean Curd, Vegetarian Skewer Satay</i>	
Crispy Seaweed	£5.80
Vegetarian Skewer Satay	£6.80
Crispy Vegetarian Spring Rolls	£4.80
Crispy Vegetarian Won Ton	£6.80
Spicy Salt & Pepper Bean Curd 	£7.50
Spicy Salt & Pepper Mushrooms 	£7.50
Tempura Asparagus	£8.00
Grilled Vegetarian Dumplings	£6.80



SOUPS

Hot & Sour Soup 	£4.80
Won Ton Soup	£4.80
Spicy Thai Prawn Soup 	£5.00
Spicy Thai Chicken Soup 	£4.80
Spicy Thai Vegetables Soup  	£4.50
Crab Meat Sweetcorn Soup	£4.80
Chicken Sweetcorn Soup	£4.50
Chicken & Mushroom Soup	£4.50
Mixed Vegetables Soup 	£4.20

FAVOURITE IN BETWEEN


Crispy Aromatic duck

Served with pancakes, spring onions, cucumber and hoi sin sauce

1/4	6 pancakes	£11.50
1/2	12 pancakes	£22.50
Whole	24 pancakes	£45.00

Crispy Mongolia Lamb £11.50

Served with crispy lettuce and hoi sin sauce

Seafood Lettuce wrap	£11.00
Mixed Meat Lettuce wrap	£10.50
Vegetarian Lettuce wrap 	£10.00





Sizzling Prawns with Ginger & Spring Onions



Sizzling Fillet Steak Peking Style



Ocean's Delight



Steamed Fillet of Sea Bass with Ginger & Spring Onions

SIZZLING DISHES

Sizzling Mixed Seafood in Black Bean Sauce 	£11.00
<i>Fresh Scallops, Prawns and Squid</i>	
Sizzling Scallops with Ginger & Spring Onions	£11.00
Sizzling Prawns in Dragon Sauce 	£10.80
<i>Sweet Hot Garlic Sauce</i>	
Sizzling Prawns with Ginger & Spring Onions	£10.50
Sizzling Prawns in Oyster Sauce	£10.50
Sizzling Fillet Steak Peking Style 	£13.80
Sizzling Fillet Steak Cantonese Style	£13.80
Sizzling Fillet Steak in Black Pepper Sauce 	£13.80
Sizzling Beef in Black Bean Sauce 	£9.00
Sizzling Beef with Ginger & Spring Onions	£9.00
Sizzling Chicken in Black Bean Sauce 	£8.80
Sizzling Chicken with Ginger & Spring Onions	£8.80

SEAFOOD DISHES

Ocean's Delight 	£10.60
<i>Fresh Scallops cooked with Asparagus and Baby Sweet Corn</i>	
Fresh Scallops in Black Bean Sauce 	£9.80
Grilled Fillet of Fish Peking Style 	£9.50
<i>Fillet of Fish Coated with Egg in a Light Citrus Sauce</i>	
Sweet & Sour Fish Hong Kong Style	£9.50
Steam Fillet of Sea Bass with Ginger & Spring Onion	£16.80
Spicy Salt & Pepper Fillet of Sea Bass 	£16.80
Squid with Green Pepper in Black Bean Sauce 	£9.00
Squid with Ginger & Spring Onions	£9.00
Spicy Szechuan Style Squid 	£9.00
Kung Po Prawns with Water Chestnuts 	£9.50
Grilled Prawns Peking Style 	£9.50
Prawns with Cashew Nuts	£9.50
Prawns with Cashew Nuts in Yellow Bean Sauce 	£9.50
Spicy Szechuan Style Prawns 	£9.00
Prawns with Mixed Vegetable	£9.00
Prawns with Mushroom	£9.00
Prawns with Chinese Mushroom & Bamboo Shoot	£9.00
Sweet & Sour Prawns Hong Kong Style	£9.00
Sweet & Sour Prawn Balls	£9.00

CHICKEN DISHES

Crispy Shredded Chicken in Chilli Sauce 🌶️	£8.30
Kung Po Chicken with Water Chestnuts 🌶️	£8.00
Grilled Chicken Peking Style 🌶️	£8.00
Chicken with Cashew Nuts	£8.00
Chicken with Cashew Nuts in Yellow Bean Sauce 🌶️	£8.00
Chicken in Oyster Sauce	£7.80
Spicy Szechuan Style Chicken 🌶️	£7.80
Chicken with Asparagus and Baby Sweet Corn	£8.30
Chicken with Mushrooms	£7.80
Stir Fried Chicken in Satay Sauce	£7.80
Chicken in Lemon Sauce	£8.30
Sweet & Sour Chicken Hong Kong Style	£7.80
Sweet & Sour Chicken Balls	£7.80



Chicken in Lemon Sauce



Chicken in Black Bean Sauce



Roasted Duck Cantonese Style

ROASTED DUCK DISHES

Roasted Duck Cantonese Style	£9.50
Roasted Duck with Green Peppers in Black Bean Sauce 🌶️	£9.50
Roasted Duck with Ginger and Spring Onions	£9.50
Roasted Duck with Chinese Mushrooms and Bamboo Shoots	£9.50
Roasted Duck with Mushrooms	£9.50
Roasted Duck with Mixed Vegetable	£9.50
Roasted Duck in Sweet Chilli Sauce 🌶️	£9.50
Roasted Duck in Plum Sauce	£9.50

BEEF DISHES

Crispy Shredded Beef in Chilli Sauce 🌶️	£8.50
Beef with Green Peppers in Black Bean Sauce 🌶️	£8.20
Beef with Ginger and Spring Onions	£8.20
Beef in Oyster Sauce	£8.20
Spicy Szechuan Style Beef 🌶️	£8.20
Beef with Mushrooms	£8.20
Beef with Chinese Mushrooms and Bamboo Shoots	£8.20
Stir Fried Beef in Satay Sauce	£8.20

PORK DISHES

Sweet & Sour Pork Hong Kong Style	£8.00
Sweet & Sour Pork Balls	£8.00
Kung Po Pork with Water Chestnuts 🌶️	£8.00
Roast Pork Cantonese Style	£8.00
Roast Pork with Green Peppers in Black Bean Sauce 🌶️	£8.00
Roast Pork with Ginger and Spring Onions	£8.00
Szechuan Double Cooked Pork with Chinese Cabbage 🌶️	£8.00
Spicy Salt & Pepper Fillet of Pork Chops 🌶️	£9.50

CURRY DISHES 🌶️

Mixed Seafood Curry (<i>Scallops, Squips & Prawns</i>)	£9.50
King Prawn Curry	£9.00
Chicken Curry	£7.80
Beef Curry	£8.20
Roast Pork Curry	£8.00
Assorted Meat Curry (<i>Chicken, Beef & Roast Pork</i>)	£8.20
Assorted Vegetables Curry 🌿	£6.80



Beef with Ginger & Spring Onion



Chicken Curry



Spicy Salt & Pepper Pork Chops

VEGETABLE DISHES



Chinese Pak Choy in Oyster Sauce Or Garlic Sauce	£8.00
Braised Bamboo Shoots and Chinese Mushrooms	£6.50
Fresh Bean Sprouts in Garlic Sauce	£6.00
Assorted Vegetables in Garlic Sauce	£6.50
Assorted Vegetables in Black Bean Sauce 🌶️	£6.80
Sweet & Sour Assorted Vegetables	£6.80
Spicy Salt & Pepper Aubergine with Chilli 🌶️	£6.80
Sea Spiced Aubergine 🌶️	£7.20
Aubergine in Black Bean Sauce 🌶️	£6.80
Mange Tout and Bean Sprouts	£6.80
Mushrooms with Onions in Oyster Sauce	£6.80
Broccoli in Oyster Sauce Or Garlic Sauce	£6.80



*Assorted Vegetables in
Garlic Sauce*



Sea Spice Aubergine



*Stir Fried Broccoli in
Garlic Sauce*

BEAN CURD DISHES

Bean Curd with Cashew Nuts in Yellow Bean and Chilli Sauce 🌶️ 🌿 £7.50

Ma Po Tofu 🌶️

Bean Curd cubes with minced meat, vegetables and chilli Sauce

Braised Bean Curd with Chinese Mushrooms and Bamboo Shoots 🌿 £7.50

Grilled Bean Curd Peking Style 🌶️ 🌿 £7.50

Bean Curd in Black Bean Sauce 🌶️ 🌿 £7.50



£7.50 *Grilled Bean Curd
Peking Style*



Ma Po Tofu



RICE DISHES

Plain Boiled Rice 🌿	£4.00
Egg Fried Rice 🌿	£4.80
Special Fried Rice	£6.80
Chicken Fried Rice	£6.00
Roast Pork Fried Rice	£6.30
Beef Fried Rice	£6.50
King Prawn Fried Rice	£8.80
Singapore Fried Rice 🌶️	£7.00
Chopped Vegetable Fried Rice 🌿	£5.80
Mushroom Fried Rice 🌿	£5.80

Egg Fried Rice / Plain Boiled Rice
topped with:

- Mixed Meat £9.20
- Mixed Seafood £10.80
- Mixed Vegetables 🌿 £7.80
- Chicken in Black Bean Sauce 🌶️ £9.20
- Beef in Black Bean Sauce 🌶️ £9.50
- King Prawns in Black Bean Sauce 🌶️ £10.20
- Cantonese Roast Duck £10.80

NOODLE DISHES

Plain Noodles with Bean Sprouts and Onions 🌱 £5.80

Special Soft Noodles £7.80

Chicken Soft Noodles £6.80

Beef Soft Noodles £7.20

Beef Fried Ho Fun £8.00

Roast Pork Soft Noodles £7.00

King Prawn Soft Noodles £8.80

Roast Duck Soft Noodles £9.00

Mixed Vegetable Soft Noodles 🌱 £6.50

Singapore Fried Noodles 🌶️ £8.20

Vegetarian Singapore Noodles 🌶️ 🌱 £7.20

Crispy Noodle / Ho Fun Noodles / Udon Noodles topped with:

• Mixed Meat £9.20

• Mixed Seafood £10.80

• Mixed Vegetables 🌱 £7.80

• Chicken in Black Bean Sauce 🌶️ £9.20

• Beef in Black Bean Sauce 🌶️ £9.50

• King Prawns in Black Bean Sauce 🌶️ £10.20



麗晶苑

YOU CAN

BOOK & ORDER ONLINE

WWW.REGENT-GARDEN.ORG.UK



tripadvisor



Find us on
Facebook



Like